

GUIDE TO THE MOST IMPORTANT TELEPHONE NUMBERS



INTRODUCTION

Here is a list displaying important contact people and places in the area. The list is a starting point for students to find resources if they find themselves in difficult circumstances in everyday life. This self-help tool can get you started and the contact people can refer you to further resources should you request it.

Disclaimer: This document is meant to help you but is not meant to be recommending a specific organization. We are just providing you with the information that can possibly help you find the right contact for your specific situation.

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Immediate Attention Emergency Numbers

- Police Phone: 110
- Rescue service and fire brigade / Rettungsdienst und Feuerwehr Phone: 112
- Medical on-call service / Ärztlicher Bereitschaftsdienst Phone: 116117
- Emergency poison control centers (Bayern) Phone: 089 19240
- Pharmacy emergency call Phone: 0800 0022833 (free of charge) / Mobile: 22833 (69 Cent/Minute)

When do you call the emergency services?

Phone: 112 (equivalent to 911 in USA/MX/CA) (144 in CH/AT, 999 UAE)

With the number 112, you can call the ambulance service. It is reserved for acute or possibly even life-threatening emergencies. These include, among others:

- Signs of a heart attack (severe chest pain, shortness of breath, cold sweats),
- Signs of a stroke (visual and speech disorders, paralysis),
- Accidents with serious injuries/high blood loss,
- Powerlessness/unconsciousness,
- Allergic shock (anaphylaxis),
- Intense pain,
- Severe burns,
- Asthma attack (sudden shortness of breath).

If you are not sure whether the condition is or could become life-threatening, dial 112!

The emergency call expert on the phone decides which emergency vehicle is needed for which case and whether an emergency doctor should be on board. In principle however, an ambulance is sent to the scene in almost every emergency.

If there is no acute emergency, but the person concerned needs transport to the nearest hospital and cannot drive himself, the emergency service center will send an ambulance. If it is medically necessary, the health insurance company will cover the costs of the ambulance and the patient transport.

When do you call the medical on-call service?

Phone: 116117

In urgent but not life-threatening cases, you dial 116117 - the nationwide number for on-call service, also known as emergency service. This is the on-call centre for the on-call medical service, which will direct you to on-call practices that you can visit if necessary. In some cases, a doctor on call will come to your home if your health does not allow you to go to a doctor.

The medical on-call service provides care for both statutory and private patients, and the costs are covered.

Pharmacy emergency call Phone: 0800 0022833 / Mobile: 22833

If you need urgent medication during the night, at the weekend or on a holiday, you can call the pharmacy emergency number to find out which pharmacy is open in your area.

Police Stations

Especially in acute cases the police can help you quickly!

Pfarrkirchen Police Station

Arnstorfer Str. 4

84347 Pfarrkirchen

Phone: 08561 96040

Eggenfelden Police Station

Pfarrer-Findl-Straße 1
84307 Eggenfelden
Phone: 08721 96050

Simbach am Inn Police Station

Innstraße 63-65
84359 Simbach am Inn
Phone: 08571 91390

Violence (If you are experiencing any kind of Violence)

Violence against women

Help phone violence against women
Phone: 0800 0116016
Web: <https://www.hilfetelefon.de/en.html>

Frauen gegen Gewalt e.V.

Organization of Women against Violence (English, Turk, Arabic)
Web: <https://www.frauen-gegen-gewalt.de/en/>

Sexual abuse help number and portal

(anonymous), 6 different languages
Phone: 0800 2255530
Web: <https://www.hilfeportal-missbrauch.de/en/homepage.html>

Equal Opportunities Office

District office Passau, Services: guidance confidential, impartial counseling
Ms. Wagner
Phone: 0851 397476 City of Passau,
Ms. Schmied-Recha
Phone: 0851 396282

Women Shelter - Frauenhaus

What is a Women's shelter?

How does it „work“ there?

In an anonymous woman's shelter, women find shelter and protection for a limited time, possibly also with their child or children. Our offer is aimed at Women of full age who are affected by domestic violence (physical as well as psychological), violence in their social environment (workplace, family and circle of friends etc.) as well as sexual and sexualized violence, and other kinds of violence.

Frauenhaus Passau

Phone: 0851 89272

Violence against men

Domestic violence, violence at work, sexualized violence, stalking or bullying - men are also victims of violence. However, tabooing, stigmatization or an outdated understanding of roles prevent men from seeking protection and help.

Help Phone violence against men

Help with any kind of abuse - (no matter if for affected persons or relatives)
Phone: 0800 1239900
Monday-Thursday 9:00-13:00 / 16:00-20:00
Friday: 9:00 -15:00

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Web: <https://www.maennerhilfetelefon.de/>

Digital counselling

Web: <https://bayern-gegen-gewalt.de/hilfe-bei-gewalt/gegen-maenner.php>

Web: <https://www.maennerhilfetelefon.de/>

man-o-mann männerberatung

The man-o-mann männerberatung in Bielefeld is a contact point for men seeking help and provides support for a wide range of difficulties related to violence, partnership, paternity, sexual, psychosomatic or identity problems in the form of individual counselling or group therapy.

Phone: 0521 68676

Mondays and Wednesdays: 10:00- 12:00

Thursdays: 15:00-17:00. Thursdays: 16:00-18:00

Web: <https://man-o-mann.de/>

E-Mail: maennerberatung@web.de

Schwules Kommunikations- und Kulturzentrum München e.V.

Strong! LGBTI Fachstelle gegen Diskriminierung und Gewalt

Online, by telephone and personal consultation for queer men, who from domestic and/or sexualized violence were/are affected.

Email: strong@subonline.org

Hotline: 089 856346427

Web: <https://www.subonline.org/beratung/strong/>

Adress: Müllerstraße 14, 80469 München

Monday - Friday: 19:00 - 22:00

Saturday: closed

Sunday: 15:00 - 19:00 hr

MIM - Das Münchner Informationszentrum für Männer e.V.

The MIM center offers services for men who want to renounce the use of violence in the future.

On the other hand, men who are affected by violence find support and help in the MIM center.

Phone: 089 5439556

Monday / Wednesday 10:00 - 12:00 Uhr,

Tuesday / Thursday 12:00 - 14:00 Uhr

Adress: Feldmochinger Str. 6, 80992 München

info@maennerzentrum.de

Web: <https://www.maennerzentrum.de/>

Trauma Hilfe Zentrum München e.V.

Trauma - sensitive counseling for men who suffer from trauma consequences due to domestic and/or sexual violence

Web: <https://www.thzm.de/maennerberatung/>

Adress: Horemansstraße 8 (Rgb) 80636 München Deutschland

Telephone: 089 41327950

Fax: 089 12027901

Bundesfach und Koordinierungstelle Männergewaltschutz

Here you will find all Männerschutzwohnungen (men shelter across Germany)

Phone: 0351 27566889

mail: info@maennergewaltschutz.de

Web: <https://www.maennergewaltschutz.de/hilfe/maennerschutz-und-beratung/>

KATHOLISCHER VERBAND FÜR SOZIALE DIENSTE e.V Augsburg

(Nearest Men Shelter to Pfarrkirchen)

Klinkertorstrasse 12, 86152 Augsburg

Tel: 0821 516569 / 0821 155152

Fax: 0821 5708 7389

E-mail: infopoint@skm-augsburg.info

Opening Times: Mo - Fr: 09:00 - 15:00

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Regionales Männerbüro Landshut

Seepointweg 8, 84036 Landshut
Telefon 0871 2760500 or 274960
Telefax 0871 2760105
E-Mail: info@maennerbuero-landshut.de

Men Shelter

What is a men's shelter?
How does it „work“ there?

In an anonymous men's shelter, men find shelter and protection for a limited time, possibly also with their child or children. Our offer is aimed at men of full age who are affected by domestic violence (physical as well as psychological), violence in their social environment (workplace, family and circle of friends etc.) as well as sexual and sexualized violence, and other kinds of violence.

Victims Service (If you are a victim of injustice, violence or crime)

Weißer Ring e.V.
Assistance and counselling for victims of crimes
Mr Wagner
Mobile: 0151 55164647
E-Mail: wr_wagner@web.de
Web: rottal-inn-bayern-sued.weisser-ring.de

Services include:

- accompanying you to appointments with the police,
- the public prosecutor's office and at court,
- assistance in dealing with the authorities,
- support during financial hardships in connection with the criminal offense.

Violence against women national hotline

Help available in 17 languages
Phone: 08000 116 016

Rights for victims - Polizeiliche Kriminalprävention

Here you can find out what rights you have as a victim of a crime and what you can do yourself.
This Web informs you about:

- How and where injured parties can report a crime
- How a police investigation is conducted
- What happens to it afterwards
- How you can obtain compensation if necessary, and
- Where you can get further support and information

Web: <https://www.polizei-beratung.de/opferinformationen/opferrechte/>

Counseling and help in crisis situations (Also if you just need someone who listens to you)

STUCOS (Student Counselling Service)

Possibility to talk coincidentally about problems and general issues of daily life and social integration, conflicts with students, professors or live in general. Psychological stress related to study.
Email: stucos-ecri@th-deg.de

TELEFONSEELSORGE (Phone Counselling)

24 hours anonymous consultation, free of charge (also via Mobile Phone)
Phone: 0800 1110111 or 0800 1110222

TELEFONSSELERGE APP “KrisenKimpass App”

It is a kind of emergency case for crisis situations. It includes multiple functionalities and informations so as calming techniques. It also enables direct contact possibilities to the TelefonSeelsorge so as other professional contact points.



Apple Store



Google play

Kreis-Caritasverband Rottal-Inn e.V.

Help for all kinds of stress situations, including violence, drugs, financial crisis, Services up to the age of 27

Streetwork Pfarrkirchen

Pflegstraße 15, 84347 Pfarrkirchen
Mobile: 0151 12188825
E-Mail: streetwork@caritas-rottal-inn.de
Counseling per chat is available

Streetwork Simbach

Kreis-Caritasverband Rottal-Inn e.V.
Kirchenplatz 3, 84359 Simbach
Mobil: 0152 33796686
E-Mail: streetwork-simbach@caritas-rottal-inn.de

Streetwork Eggenfelden

Katholische Jugendfürsorge der Diözese Regensburg e.V.
Landshuter Straße 34, 84037 Eggenfelden
Mobil: 0151 46711561
E-Mail: s.wasner@streetwork-eggenfelden.de

Kath. Jugendfürsorge Regensburg

Counselling centre for children, young people and parents
Rottal-Inn Landshuter Straße 34
84307 Eggenfelden
Phone: 08721 125330
E-Mail: info@beratungsstelle-eggenfelden.de / Counseling per chat available

Depression

Sozialpsychiatrischer Dienst des BRK (socio-psychiatric service)

When you experience mental stress and for relatives of mentally ill in Pfarrkirchen and Eggenfelden
Pfarrkirchen, Simbach u. Eggenfelden
Phone.: 08561 238990
E-Mail: spdi@kvrottal-inn.brk.de

STUCOS (Student Counselling Service)

Possibility to talk coincidentally about problems and general issues of daily life and social integration, conflicts with students, professors or live in general. Psychological stress related to study.
Email: stucos-ecri@th-deg.de

Bündnis gegen Depression Rottal-Inn (Organization against depression)

Rottal-Inn Kliniken Pfarrkirchen
Am Griesberg 1
84347 Pfarrkirchen
Phone: 08561 9810
E-Mail: info@rottalinnkliniken.de

Sexual Abuse

Sexual abuse Help number and portal (anonymous), 6 different languages

Phone: 0800 2255530
Web: <https://www.hilfeportal-missbrauch.de/en/homepage.html>

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Address: Horemansstraße 8 (Rgb) 80636 München Deutschland
Telephone: 089 41327950
Fax: 089 12027901

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- Where you can get further support and information

Web: <https://www.polizei-beratung.de/opferinformationen/opferrechte/>

Religious Organizations (For religious Oriented Counseling)

Central Welfare Office of the Jews in Germany (ZWST)
Web: <https://www.zwst.org/>

Catholic Parish of Pfarrkirchen
Pfliegstr. 22, 84347 Pfarrkirchen
Tel.: 08561 98 77 920
Fax: 08561 98 77 929
E-mail: pfarramt.pfarrkirchen@bistum-passau.de
Internet: www.pfarrverband-pfarrkirchen.de

DITIB - Türkisch-Islamische Union der Anstalt für Religion e.V.
DITIB - Islamische Seelsorge
Venloer Str. 160, 50823 Köln
Telefon: +49 221 50 800 210
Telefax: +49 221 50 800 100
E-Mail: seelsorge@ditib.de

University Related (Problems related to the University)

STUCOS (Student Counselling Service)

Possibility to talk coincidentally about problems and general issues of daily life and social integration, conflicts with students, professors or live in general. Psychological stress related to study.
Email: stucos-ecri@th-deg.de

Studentenwerke (Student Associations)

Studentenwerk Niederbayern

Student Association for universities in Niederbayern and Oberpfalz:

„We are the prime address for catering on campus, student accommodation, the financing of studies, cultural support and consultation in all matters regarding studies. Additionally we support KITAs that look after students' children and help international students to feel at home in their university city.“

Dieter Görlitz-Platz 1 (Building F) Room: F101
94469 Deggendorf
Person of contact: Esra Koch
Phone: 0991 3615601
E-Mail: info-punkt-deg@stwno.de
Web: <https://stwno.de/en/>

Deutsches Studentenwerk

General topics about living in Germany as a Student
<https://www.studentenwerke.de/en/content/work-studentenwerke>

Studentischer Konvent

(General Problems Related to the University)
studentischevertretung@th-deg.de

Renter rights and help

Information in English online:
Webside: <https://www.mieterverein-muenchen.de/englische-informationen/>

Mieterschutzverein Burghausen und Umgebung e.V.
Tittmoninger Str. 4
84489 Burghausen

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Phone: 08677 912110
Fax: 08677 912111
E-Mail: info@mieterschutz-bgh.de

Social and debt counselling

Caritas in Pfarrkirchen and Simbach am Inn
Phone: 08561 960715

Caritas Social Counselling Eggenfelden

Phone: 08721 911105

Social Counselling Diakonie Eggenfelden

Mobile: 0151-17 48153808721/ 125330

Deutscher Mieterbund

Website: <https://www.mieterbund.de/startseite.html>

Health Related

Health Emergency

Ambulance Service:
Phone 112 (equivalent to 911 in USA/MX/CA) (144 in CH/AT, 999 UAE)

Medical on-call service / Ärztlicher Bereitschaftsdienst Phone:
116117

Emergency poison control centers (Bayern) Phone:
089 19240

Pharmacy emergency call Phone:
0800 0022833 (free of charge) / Mobile: 22833 (69 Cent/Minute)

Dental emergency service
Bavaria's dental emergency service is available 24 hours on all weekends, holidays and single days between holidays and weekends
Please look on the following link: <https://www.notdienst-zahn.de/index.php?id=7&L=1>

Red Cross Pfarrkirchen
Phone: 08561 23390
Arno-Jacoby- Str.7

Social Psychiatric Service
Phone: 08561 238990
Arno-Jacoby- Str.7

Krankenkassen with local offices

Disclaimer: This list of contacts does not promote any of the named non private insurance companies, every individual living in the Federal Republic of Germany has the freedom to choose or change to the insurance company of their preference.

AOK Bayern
Service & Consulting
Mrs Hase
Phone: 089 228424171

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AOK Bayern Direktion Pfarrkirchen
Schäfflerstraße 16
84347 Pfarrkirchen
Phone: 08561 230

BARMER
Ringstr. 20
84347 Pfarrkirchen
Mr J. Damböck
Phone: 0800 333004 205618
E-Mail: josef.damboeck@barmer.de

Techniker Krankenkasse (TK)
Nibelungpl. 1-2,
94032, Passau
Phone: 0800 2858585
Web: <https://www.tk.de/en>

DAK
Stadplatz 44,
84453, Mühldorf
Phone: 08631 167550
Email: service735200@dak.de
Web: [https://www.dak.de/dak/beste-krankenkasse-fuer-familien-2082046.html# /](https://www.dak.de/dak/beste-krankenkasse-fuer-familien-2082046.html#/)

Doctors in Pfarrkirchen

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List created by the city of Pfarrkirchen.
In this page you can find doctors in the region so as specialist.
Web: <https://pfarrkirchen.de/leben-wohnen/gesundheitswesen.html>

General browser of the AOK.
In this page you can find doctors in the region so as specialist
Web: https://weisse-liste.arzt.aok-arztnavi.de/de/arzt/arztsuche/ergebnisliste/?&searchPlz=84347+Pfarrkirchen+%28Zentrum%29&searchDistance=KM_10&offset=0&limit=50

General browser of the TK.
In this page you can find doctors or psychologists in the region, able to communicate in English, German and other languages.
Web: <https://www.tk-aerztfuehrer.de/TK/englische-suche.htm>

Local Hospitals

Rottal-Inn Kliniken Pfarrkirchen
Am Griesberg 1, 84347 Pfarrkirchen
Phone: 08561 9810
Web: https://www.rottalinnkliniken.de/rottal_inn_kliniken/rottal-inn-kliniken.php

Rottal-Inn Kliniken Eggenfelden
Simonsöder Allee 20, 84307 Eggenfelden
Phone: 08721 9830
E-Mail: <https://www.rottalinnkliniken.de/>

Klinikum Passau

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Innstraße 76, 94032 Passau
Phone: 0851 53000
Web: <https://www.klinikum-passau.de/index.php?id=665>

Donauisar Klinikum Deggendorf
Perlasberger Str. 41, 94469 Deggendorf
Phone: 0991 3800
Web: <https://www.donau-isar-klinikum.de/unser-klinikum/standort-deggendorf/?ss=degg>

Marriage Family and life counselling

Familij Planing and Sex Education

Pfarrkirchen
For questions about life planning, advice for injured parties and offenders in Pfarrkirchen and Simbach
Phone: 08671 1862

Pro Familia
German Society for Family Planning, Sex Education and Sexual Counselling
Phone: 0851 53121
E-Mail: passau@profamilia.de
Web: www.profamilia-niederbayern.de

Single Parents
Web: https://www.stmas.bayern.de/fibel/sf_a027.php

Families with children with disabilities
Web: <https://www.stmas.bayern.de/erziehungsberatung/behinderung/index.php>

(financial) help for pregnant women, families and children
Web: <https://www.stmas.bayern.de/finanziell-entlasten/index.php>

Landratsamt
Rottal-Inn, Ringstraße 4-7
84347 Pfarrkirchen
Phone: 08561 200
Web: <https://www.rottal-inn.de/buergerservice-formulare/soziales-soziale-angelegenheiten/schwangerschaftsberatung/>

Beratungstlle für Kinder, Jugendliche und Eltern Rottal-Inn
Kath. Jugendfürsorge Regensburg
Beratungsstelle für Kinder, Jugendliche und Eltern Rottal-Inn

Eggenfelden
Landshuter Straße 34, 84307 Eggenfelden
Telefon: 08721 125330

Pfarrkirchen
Lindnerstraße 1, 84347 Pfarrkirchen

Simbach
Münchener Str. 2a, 84359 Simbach/Inn

Pregnancy & Unwanted Pregnancy

Beratung & Geburt Vertraulich
Pregnancy counselling anonymous and safe from the federal Ministry of Family Affairs, Senior Citizens, Women and Youth.

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Phone: 0800 4040020
Web: <https://www.geburt-vertraulich.de/en/home/>

Pregnant in Bayern (Pregnancy counselling)
Web: <https://www.schwanger-in-bayern.de/index.php>

Pregnant Woman in Danger
Phone: 0800 4040020

Everything about pregnancy
Web: <https://www.schwanger-in-bayern.de/>

Unwanted pregnancy
Web: <https://www.schwanger-in-bayern.de/kein-kind/ungewollt/index.php>

Single Parents
Web: https://www.stmas.bayern.de/fibel/sf_a027.php

Preventive medical checkups: Safety for mother and child
Web: <https://www.familienplanung.de/schwangerschaft/schwangerschaftsvorsorge/vorsorge-zur-sicherheit/>

(financial) help for pregnant women, families and children
Web: <https://www.stmas.bayern.de/finanziell-entlasten/index.php>

Landratsamt Rottal-Inn
Ringstraße 4-7, 84347 Pfarrkirchen
Phone: 08561 200
Web: <https://www.rottal-inn.de/buergerservice-formulare/soziales-soziale-angelegenheiten/schwangerschaftsberatung/>

Staatlich anerkannte Beratungsstelle für Schwangerschaftsfragen Gesundheitsamt / Landratsamt Passau
Passauer Straße 33, 94081 Fürstenzell
Tel.: 0851 397800
Web: <https://www.schwanger-in-passau.de//cu.htm>

Schwanger in Deggendorf
Pater-Fink-Straße 8, 94469 Deggendorf
Phone: 0991 3100311
Fax: 0991 310041313
E-Mail: schwangerenberatung@lra-deg.bayern.de
Web: www.schwanger-in-deggendorf.de

DONUM VITAE in Bayern
Am Stadtpark 12, 94469 Deggendorf
Phone: 0991 371966
E-Mail: deggendorf@donum-vitae-bayern.de
Web: <https://deggendorf.donum-vitae-bayern.de/>

Sexual abuse help number and portal
(anonymous), 6 different languages
Phone: 0800 2255530
Web: <https://www.hilfeportal-missbrauch.de/en/homepage.html>

Addiction counselling

Deutsche Hauptstelle für Suchtanfragen e.V.

In this webpage you can look for contacts that can provide you help regarding eating disorders, tobacco addiction, alcohol problems, illegal drug addiction, medication addiction (ex Xanax), and gambling problems. This webpage

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provides with a list of all institutions and contacts in 14 different languages in Germany.
Web: <http://www.suchthilfeverzeichnis.de/>

Psychosocial counselling and treatment, Addiction counselling
Bahnhofstraße 23 (in the station building, 1st floor)
84347 Pfarrkirchen
Phone: 08561 984180
Fax: 08561 9841820
Email: verwaltung@psbb-pan.de

Suchthotline München (Help for Bulimia Anorexia, and eating disorders)
Web: <http://www.suchthotline.info/essstoerungen-hilfe-beratung-information-muenchen-bulimie-magersucht-adipositas.php>

Selbsthilfe Gruppen/Support Groups

Diverse Groups
Web: <https://www.seko-bayern.de/>

Selbsthilfe-Kontaktstelle Deggendorf/Niederbayern des Diakonischen Werk Landshut e.V.
Am Stadtpark 12 / Erdgeschoss
94469 Deggendorf
Kornelia Thomanek-Kotios
Phone: 0991 29795541
E-Mail: kthomanek@diakonie-landshut.de

Addiction

Runder Tisch Niederbayern
Ulrike Pleintinger
Phone: 0991 29795542
E-Mail: upleintinger@diakonie-landshut.de

Anonyme Alkoholiker (Pfarrkirchen)
AOK-Haus
Schäfflerstr 16, 84347 Pfarrkirchen
Phone: Wolfgang: 08532 8838 Horst: 08532 3411
Fridays 19:00

Anonyme Alkoholiker (Eggenfelden)
Kloster Eggenfelden
Fanziskanerplatz 1, 84307 Eggenfelden
Phone Hans: 08721 782208
Phone Mathilde: 08721 4817

Health related

CA Selbsthilfegruppe Krebs (Cancer)
For people living with cancer in Rottal-Inn
Stadtplatz, 84307 Eggenfelden
Every second Friday.

Monika Buhl
Phone : 08721 126705

Christina Schmelzer
Phone: 0170 5428047

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We are just providing you with the information that can possibly help you find the right contact for your specific situation.

Depression
AOK Eggenfelden
Karl-Rolle-Str 4, 84307 Eggenfelden
Phone: Marion 0175 8835118
Every Thursday 19:00

Diabetes
Wohnstift Pater Weiß
Pater-Viktrizius-Weiß-Straße 64-66, 84307 Eggenfelden
Contact: Peter Schmidt
Phone: 08721 3000
Email: info@marienapoeg.de

People with disabilities
Offene Behindertenarbeit Rottal-Inn
Landshuter Str. 34, 84347 Eggenfelden
Contact: Gerlinde Fechter
Phone: 08721 125310
Email: info@oba-rottal-inn.de
Web: <https://www.oba-rottal-inn.de/start;jsessionid=68382CA7C39D152C3F0C5027D54E4D97>

Help groups for multiple sclerosis
Web: <https://www.dmsg-bayern.de/wir-helfen/selbsthilfe-gruppen/selbsthilfegruppen-niederbayern/>

Help for multiple sclerosis
Haus der Pfarrgemeinde
Kirchenplatz 3, 84307 Eggenfelden
Phone: 08721 1812
Email: info@pfarrei-eggenfelden.de
Web: <http://www.pfarrei-eggenfelden.de/>
Anita Hölzl: 08721 4395
Every last Thursday of the month on 14:00

Sexual Transmitted diseases STDs

Web: <https://en.aidshilfe.de/sexually-transmitted-infections>

The counselors are available to answer any questions you may have about HIV/AIDS and other sexually transmitted infections. They are also happy to give you information about:

- finding personal counseling in your area
- where you can have an HIV test
- treatment called post-exposure prophylaxis, or PEP, if you think you have been exposed to HIV (see also In case of emergency)
- AIDS service organizations, self-help groups, HIV specialist doctors and other help in your city or region.

General STDs

All STDs
Web: <https://www.liebesleben.de/>
Web: <https://www.liebesleben.de/en/>
Web: <https://www.liebesleben.de/fuer-alle/online-beratung/> (online counseling)

Bundeszentrale für Aufklärung Bzga (National Center for advice)
Questions related to STDs, HIV and Drug prevention
Phone: 0221 892031

Landratsamt FB Gesundheit
Ringstr. 6, 84347 Pfarrkirchen

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Phone: 08561 20412
E-Mail: ludwig.mueller@rottal-inn.de
Web: <https://www.aidshilfe.de/adresse/pfarrkirchen>

Health Office
Gesundheitsamt im Landkreis Passau
Passauer Straße 33, 94081 Fürstenzell
Phone: 0851 397800
E-Mail: gabriele.bareuther@landkreis-passau.de
Web: <https://www.landkreis-passau.de/senioren-gesundheit-soziales/gesundheitsamt-passau/uebertragbare-krankheiten/>

HIV/AIDS

German AIDS Help
AIDS Hilfe.e.V
Web: <https://en.aidshilfe.de/>

Bayerische AIDS-Stiftung e. V.
Biedersteiner Str. 29, 80802 München
Phone: 089 349394 / 089 349962
E-Mail: beratungstelle@aids-stiftung-bayern.de
Web: <https://www.aids-stiftung-bayern.de/>

Health Office
Gesundheitsamt im Landkreis Passau
Passauer Straße 33, 94081 Fürstenzell
Phone: 0851 397800
E-Mail: gabriele.bareuther@landkreis-passau.de
Web: <https://www.landkreis-passau.de/senioren-gesundheit-soziales/gesundheitsamt-passau/uebertragbare-krankheiten/>

Landratsamt FB Gesundheit
Ringstr. 6, 84347 Pfarrkirchen
Phone: 08561 20412
E-Mail: ludwig.mueller@rottal-inn.de
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Questions related to STDs, HIV and Drug prevention
Phone: 0221 892031

Important Insurances in Germany besides the Health Insurance (Liability & Legal Protection)

In addition to health insurance, which is mandatory for studying in Germany, it can also be useful to take out liability and a legal protection insurance.

What is liability insurance?

In Germany, there is a law that states that everyone is liable for the damage they cause to others. The person causing the damage is liable with his salary, his savings or even his property. Liability insurance covers such damages as long as they are not caused willfully

What is a legal protection insurance?

Your reliable back-up in the event of legal disputes. For example, if you are in a dispute with your landlord, boss or accident opponent.

Deutsches Studentenwerk
Insurances for Students
<https://www.studentenwerke.de/en/content/insurances-students>

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